



“FIT IN FIFTEEN MINUTES.”
Better Body & Weight Management

\$99.00 SPECIAL

Includes:

- One hour Private Consultation with Wellness Consultant
- Body Energizer Session
- Body Figure Analysis
- Lifestyle Survey
- Antioxidant Nutritional Screening
- Coupon for “FIT IN FIFTEEN MINUTES.” Workshop with National Fitness Instructor/Trainer

\$100.00

\$40.00

\$50.00

\$60.00

\$49.95

\$79.95

Total Value:

\$379.90

See reverse side for contact details

CALL NOW to schedule your initial appointment!!

Look and feel great! Unique 15 minutes-a-day weight management and fitness program. Any one of any size of any age of any health condition can participate. Reshape your body, get rid of bulges, increase energy, reduce pain and symptoms of disease, increase performance, and more in only minutes per day. See and feel results in days or weeks.



Paradigm Wellness Center
Natural Health, Fitness, and Consulting Services
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